

STATE OF ARKANSAS
EXECUTIVE DEPARTMENT

PROCLAMATION

TO ALL TO WHOM THESE PRESENTS COME – GREETINGS:

WHEREAS: Sleep apnea is a common, chronic disorder in which one or more pauses in breathing or shallow breathing occurs during sleep; and

WHEREAS: Sleep apnea is thought to affect at least nine percent of women and twenty-four percent of men in the United States; and

WHEREAS: Sleep apnea can be a complicating factor in the administration of general anesthesia during surgery; and

WHEREAS: Depression, narcolepsy, restless leg syndrome, high blood pressure, heart disease and diabetes are just a few of the harmful health consequences of an undiagnosed or untreated sleep disorder; and

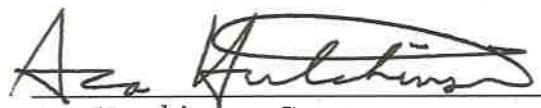
WHEREAS: Sleep apnea can be treated with positive airway pressure (PAP) therapy, which supplies pressurized air through a breathing mask that prevents the airway from collapsing; and

WHEREAS: Sleep studies are used to help healthcare providers diagnose whether an individual has a sleeping disorder by measuring how well and individual sleeps and how the body responds to sleep problems;

NOW, THEREFORE, I, ASA HUTCHINSON, Governor of the State of Arkansas, by virtue of the authority vested in me by the laws of the State of Arkansas, do hereby proclaim October 5th 2015, as

SLEEP APNEA AWARENESS DAY

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Arkansas to be affixed this 22nd day of September, in the year of our Lord 2015.


Asa Hutchinson, Governor



Attest:


Mark Martin, Secretary Of State