

STATE OF ARKANSAS

EXECUTIVE DEPARTMENT

PROCLAMATION

TO ALL TO WHOM THESE PRESENTS COME – GREETINGS:

WHEREAS: Promoting and seeking good mental health helps to sustain an individual's relationships, productivity, and ability to adapt to change or face adversity; and

WHEREAS: One in five adults experiences mental health issues; and

WHEREAS: Every day many Arkansans and their families live with or work to help those living with mental illness; and

WHEREAS: It is important to maintain stable mental health by recognizing the symptoms and onset of mental illness in order to take necessary steps to prevent escalation; and

WHEREAS: Every citizen and community in Arkansas can help end silence and stigma that surrounds mental illness and too often discourages individuals in reaching for recovery; and

WHEREAS: Mental Health Awareness Month is an opportunity to increase public understanding of the importance of mental health, acknowledge recovery is possible, promote identification and efficient treatment practices, for those living with mental illness in our communities;

NOW, THEREFORE, I, ASA HUTCHINSON, Governor of the State of Arkansas, by virtue of the authority vested in me by the laws of the State of Arkansas, do hereby proclaim May 2016, as

MENTAL HEALTH AWARENESS MONTH

across the state in observance of this important issue.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Arkansas to be affixed this 21st day of March, in the year of our Lord 2016.




Asa Hutchinson, Governor


Mark Martin, Secretary Of State