

STATE OF ARKANSAS
EXECUTIVE DEPARTMENT

PROCLAMATION

TO ALL TO WHOM THESE PRESENTS COME – GREETINGS:

WHEREAS: Cardiovascular diseases are the number one killer of women in the U.S.; and

WHEREAS: Cardiovascular diseases kill one woman almost every 80 seconds in the U.S.; and

WHEREAS: About eighty percent of cardiovascular diseases may be prevented; and

WHEREAS: Some risk factors such as blood pressure, smoking, cholesterol, and lack of regular physical activity can be controlled; and

WHEREAS: Women are encouraged to commit to making physical activity and healthy eating a priority to improve heart health; and

WHEREAS: The State of Arkansas encourages women to learn their family history and to meet with a healthcare provider to determine their risk for cardiovascular diseases and stroke; and

WHEREAS: The Go Red for Women movement motivates women to know five numbers that can be life-changing: Total Cholesterol, HDL (good) Cholesterol, Blood Pressure, Blood Sugar, and Body Mass Index (BMI);

NOW, THEREFORE, I, ASA HUTCHINSON, Governor of the State of Arkansas, by virtue of the authority vested in me by the laws of the State of Arkansas, do hereby proclaim February 1st, 2019, as

NATIONAL WEAR RED DAY® IN ARKANSAS

across the State, and I urge all citizens to show their support for women and the fight against heart disease by commemorating this day and wearing red. By increasing awareness, speaking out about heart disease, and empowering women to reduce their risk for cardiovascular diseases, we can save thousands of lives each year.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Arkansas to be affixed this 10th day of January, in the year of our Lord 2019.



Attest:

Mark Martin
Mark Martin, Secretary Of State

Asa Hutchinson
Asa Hutchinson, Governor