

STATE OF ARKANSAS
EXECUTIVE DEPARTMENT

PROCLAMATION

TO ALL TO WHOM THESE PRESENTS COME -- GREETINGS:

WHEREAS: There are more than 300 medically-recognized headache diseases, including migraine and cluster; and

WHEREAS: Though not fully understood, migraine has been attributed to genetic and environmental factors and is characterized by episodes called attacks; and

WHEREAS: Approximately 36 to 40 million Americans have migraine disease, of which four million have chronic migraine, experiencing 15 or more migraine attacks each month; and

WHEREAS: Migraine is the second-leading cause of all global disability; and

WHEREAS: Approximately one in 1,000 adults in the United States live with cluster headache disease, which is referred to as the most painful form of headaches; and

WHEREAS: Veterans returning home from Iraq and Afghanistan have two to four times the incidence of migraine compared to the general population; and

WHEREAS: Post-traumatic headache is the most common physical symptom among military personnel who have sustained mild TBI (Traumatic Brain Injury); and

WHEREAS: Among all workers with migraine, 60% of lost work productivity is due to "presenteeism;" and

WHEREAS: The effects of migraine, headache, and cluster attacks are experienced on a spectrum, presenting significantly different levels of intensity, frequency, and disability; and

WHEREAS: Migraine disease impacts all systems of the body with symptoms including intense pain, nausea, sensitivity to light, sound smell and touch, visual disturbances, tinnitus, chills, fatigue, anomic aphasia (trouble finding words), impaired cognitive function, numbness, and weakness, lasting for four to 72 hours on average; and

WHEREAS: Stigma and misperception of headache diseases has historically stifled research and advances in treatment options. Research funding and public education are crucial to alleviating the pain of 10% of Americans; and

WHEREAS: Those living with one or more headache diseases and/or comorbid medical conditions deserve fair, equal, affordable access to new and innovative treatments; and

WHEREAS: There is no cure for any headache diseases;

NOW, THEREFORE, I, ASA HUTCHINSON, Governor of the State of Arkansas, by virtue of the authority vested in me by the laws of the State of Arkansas, do hereby proclaim June 2019, as

NATIONAL MIGRAINE AND HEADACHE AWARENESS MONTH IN ARKANSAS

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Arkansas to be affixed this 14th day of June, in the year of our Lord 2019.



Asa Hutchinson, Governor



John Thurston, Secretary Of State

