

**STATE OF ARKANSAS**  
**EXECUTIVE DEPARTMENT**

**PROCLAMATION**

TO ALL TO WHOM THESE PRESENTS COME – GREETINGS:

WHEREAS: Familial Hypercholesterolemia (FH) is the most inherited form of high cholesterol, causing high levels of LDL cholesterol (also known as bad cholesterol ) and an increased risk for early and aggressive cardiovascular disease and death; and

WHEREAS: It is estimated that approximately 9,000 individuals in Arkansas and up to 980,000 adults in the United States (1 in every 250 adults) have Familial Hypercholesterolemia, but less than 10 percent of those people have actually been diagnosed; and

WHEREAS: Five percent of heart attacks that occur in individuals under age 60 and up to 20 percent of heart attacks that occur in individuals under age 45 are due to Familial Hypercholesterolemia; and

WHEREAS: Familial Hypercholesterolemia can be identified via the collection of a detailed family history of cardiovascular disease and a blood cholesterol screening and confirmed with DNA testing; and

WHEREAS: Cholesterol screening is recommended for children between the ages of two and eight with a family history of high cholesterol or early onset cardiovascular disease; for all children between the ages of nine and 11; for all young adults between the ages of 17 and 21; and for all adults approximately every 5 years; and

WHEREAS: The parents, siblings, and children of a person diagnosed with Familial Hypercholesterolemia have a 50 percent chance to also have Familial Hypercholesterolemia and should be screened to determine whether they do have Familial Hypercholesterolemia; and

WHEREAS: Early treatment and life-long management with cholesterol-lowering medications in individuals with Familial Hypercholesterolemia can reduce the risk for cardiovascular disease;

NOW, THEREFORE, I, ASA HUTCHINSON, Governor of the State of Arkansas, by virtue of the authority vested in me by the laws of the State of Arkansas, do hereby proclaim September 24<sup>th</sup>, 2019, as

**FAMILIAL HYPERCHOLESTEROLEMIA AWARENESS DAY**

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Arkansas to be affixed this 5<sup>th</sup> day of August, in the year of our Lord 2019.



*Asa Hutchinson*

Asa Hutchinson, Governor

*John Thurston*  
John Thurston, Secretary Of State