

**STATE OF ARKANSAS**  
**EXECUTIVE DEPARTMENT**

**PROCLAMATION**

TO ALL TO WHOM THESE PRESENTS COME – GREETINGS:

WHEREAS: Pulmonary Hypertension (PH) is a deadly disease that is characterized by high blood pressure in the lungs. It is often referred to as the *other* high blood pressure; and

WHEREAS: Early symptoms can be easily confused with other illnesses and can be very subtle, including shortness of breath when walking inclines or stairs, chest pain, fatigue, swollen ankles, dizziness, bluish tint of skin/nail beds/lips, hoarseness; and

WHEREAS: If left untreated, PH is often fatal. Although it can affect persons of all ages and backgrounds, it predominately strikes women between the ages of 20 and 40; and

WHEREAS: Early detection is very important in the treatment of PH; and

WHEREAS: PH is considered a rare disease but may be more common than is currently thought; and

WHEREAS: The best way to detect PH is to request an echocardiogram from your cardiologist; and

WHEREAS: Research has come a long way in the last ten years and continues to progress;

NOW, THEREFORE, I, ASA HUTCHINSON, Governor of the State of Arkansas, by virtue of the authority vested in me by the laws of the State of Arkansas, do hereby proclaim November 2020, as

PULMONARY HYPERTENSION AWARENESS MONTH

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Arkansas to be affixed this 22<sup>nd</sup> day of October, in the year of our Lord 2020.



Asa Hutchinson, Governor