

STATE OF ARKANSAS
EXECUTIVE DEPARTMENT

PROCLAMATION

TO ALL TO WHOM THESE PRESENTS COME – GREETINGS:

WHEREAS: Polycystic Ovarian Syndrome (PCOS) is a common health problem among women and girls involving a hormonal imbalance; and

WHEREAS: There is no universal definition of PCOS, but researchers estimate that as many as five million women in the United States are affected by the condition, and prevalence estimates range from 8 to 13 percent of women globally; and

WHEREAS: Symptoms of PCOS include acne, weight gain, irregular periods, thinning of scalp hair, excessive facial and body hair growth, ovarian cysts, and pelvic pain, among other issues. PCOS is also the most common cause of female infertility; and

WHEREAS: Women with PCOS suffer from higher rates of mental health issues, including depression, anxiety, bipolar disorder, eating disorders, and are at a greater risk of suicide; and

WHEREAS: Adolescents with PCOS are often not diagnosed and many have metabolic dysfunction and insulin resistance. This can lead to Type 2 diabetes, cardiovascular disease, obstructive sleep apnea, nonalcoholic fatty liver disease, and endometrial cancer at a young age; and

WHEREAS: In pregnancy, PCOS is associated with an increased risk of gestational diabetes, preeclampsia, pregnancy-induced hypertension, preterm delivery, cesarean delivery, miscarriage, and potentially fetal and infant death; and

WHEREAS: The cause of PCOS is unknown, but researchers have found strong links to genetic predispositions and significant insulin resistance, which affects up to 70 percent of women with PCOS;

NOW, THEREFORE, I, ASA HUTCHINSON, Governor of the State of Arkansas, by virtue of the authority vested in me by the laws of the State of Arkansas, do hereby proclaim September 2022, as

POLYCYSTIC OVARIAN SYNDROME AWARENESS MONTH

across the State, and I encourage Arkansans to learn about the symptoms and effects of PCOS and recognize the struggles that many women face when dealing with this condition.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Arkansas to be affixed this 30th day of August, in the year of our Lord 2022.



A handwritten signature in black ink, reading "Asa Hutchinson".

Asa Hutchinson, Governor

Attest:

A handwritten signature in black ink, reading "John Thurston".
John Thurston, Secretary of State